



## CONTACT

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 Milano, Italy

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## EDUCATION

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### GRADUATION

University of Wales  
1997 - 2002

### GRADUATION

University of Hertfordshire  
2009 - 2012

### CORE CURRICULA

#### GIMBE:

- Clinical Research (2016)
- EBP (EU-EBM Unity) (2016)

### MASTER

TECHU 2023 (+Clarius, SonoSkills,  
SonoSim):  
- Musculoskeletal  
Ultrasound in Rehabilitation Medicine (USG Cert in Larynx, TMJ, Upper Airway)

## EXPERTISE

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Osteopath expert in Clinic and Artistic Voice Disorders

*Valentina Carlile*

## PROFILE

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After graduating in Osteopathy in 2002 at Istituto Superiore di Osteopatia (ISO) in Milan, and at University of Wales (UK), from 2002 to 2006 she specialized in ENT and Voice disorders through the Professional Programs: ENT & Voice Disorders at Cornell University (NY, USA); Linguistic & Communication at Columbia University (NY USA); Osteopathy in HEENT and Voice Disorders at American Osteopathic College of Ophthalmology and Otolaryngology in Chicago (IL, USA).

In 2012 she graduated in Physiotherapy at University of Hertfordshire (UK). International congress speaker, since 2006 she has always practiced clinical practice in Osteopathy applied to clinic and artistic voice disorders.

Since 2017 she is Member of Collegium Medicorum Theatri (CoMeT)

## WORK EXPERIENCE

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- **2002 - Present** - Osteopathic Private Practice
- **2006 - Present** - Clinical activity in collaboration with ENT, Phoniatrics and Speech therapists
- **2007 - Present** - Specific osteopathic clinical activity in voice disorders in partnership with Live Nation Int
- **2008 - 2013** - Assistant / tutor of Dr. Viola Frymann at the Osteopathic Center for Children and Families (SD, USA)
- **2013 - Present** - Teacher of PostGraduate (PG) courses for Singing and Music Schools in Vocal / Instrumental Posturology, and of PG courses for Osteopaths in Osteopathy and Voice
- **2014 - 2019** - Institutional position of Advisor of the North-West Macro Region within the Register of Osteopaths of Italy (ROI)
- **2015 - Present** - Thesis advisor and co-supervisor in Osteopathy and Speech Therapy)
- **2015 - 2017** - Consultant with external outpatient activity for Juilliard Artists both in the vocal field and in the field of Ergonomics / Posturology for musicians (effortless playing / singing / acting)
- **2016 - Present** - Journal of Voice (Elsevier) Reviewer
- **2017 - 2018** - Lecturer at Master in "Artistic Vocology" (University of Bologna - UniBo)
- **2017 - Present** - Co-founder of Voice & Music PROs Care Team (VMPCT)
- **2017** - Co-translator of the text "Fascia in the Osteopathic Field" on behalf of EDRA S.p.A.
- **2018 - 2022** - Lecturer at Master in "Clinical Vocology" (University of Bologna - UniBo)
- **2021 - 2023** - Author of articles for the Science section of online magazine SING Magazine (Unique Artists Group)